

### "FISH IS BRAIN FOOD"

True! Fish is full of essential fatty acids called omega 3. Omega 3 helps the brain to send messages around the body. The stronger your brain is at sending messages the better your body will work! So make sure you eat 1 or 2 serves of fish a week to boost your brain power!



### "AN APPLE A DAY KEEPS THE DOCTOR AWAY"

True! Apples are packed full of vitamins, in particular Vitamin C. Vitamin C is a strong antioxidant which helps the body to fight off infections and helps heal cuts and wounds. So get crunching!



## Children's Work

**Art** - The whole school have been involved in a recent art focus on tie dyeing. Take a look at some of the results.



## What's Coming Up At Waitomo Caves School

21 August	Small Schools Cross Country race	
23 August	Community Assembly	
23 August	Teaching vacancy closes	
28 August	COP's Cross Country race	
3 September	Parent Meeting	
6 September	School Hangi	Mrs Tamae Dimond
19/20 September	Ski Day Trips	Principal ☺



# Newsletter

Counter Box 49  
Waitomo Caves

Mobile 027 391 0746

Phone (07) 878 7534  
Fax (07) 878 7219

Whaia te ara totika – Make the Right Choice

Term Three 2013

Week Three – 16 August

Dear Parents, Caregivers, Whanau and Friends of the School

Tena Koutou Katoa

Welcome to school Maree Boyle. Maree has been employed as a teacher aid assisting in the junior and middle classes. Children and staff are enjoying working with Maree.

### First Aid

On Monday the senior class will be involved in the 'People Savers' programme. People Savers is a first aid course that prepares students to act in an emergency situation, whether in the classroom, playground, on a school trip, camp or at home.

People Savers is facilitated by a trained Red Cross New Zealand first aid instructor. It introduces and familiarises our students with basic hands-on first aid skills for emergency situations and supports the curriculum, particularly Health & Physical Education, Science and Social Studies.

The course covers the following areas using the DRSABC framework: (**D**angers, **R**esponse, **S**end for help, **A**irway, **B**reathing, **C**irculation and bleeding):

- How to call for help
- Circulation/bleeding



**WAITOMO  
GLOW WORM  
CAVES  
NEW ZEALAND**



• Private Bag 501, Otorohanga.

• Telephone (07) 878-8227 • Facsimile (07) 878 8858

Proudly Supporting Waitomo Caves School

- Dangers
- Shock/nose bleeds
- Broken bones
- Airway
- Burns and scalds
- Recovery position
- Poisons
- Breathing



PEOPLE  
SAVERS



### **Celebrating Success**

From student data gathered half way through this year it's exciting to report we are on track in achieving our targets in relation to the National Standards.

There are 77% of students achieving at or above the National Standards in reading, 60% at or above in writing and 72% at or above in maths. The cohorts for this data are students who have been at school for one year or longer. Both Maori and non-Maori students are achieving well.

There has also been a 10% improvement in attendance with 65% of students attending school 94% or higher, over the last two terms.

Our data has also showing there is a strong link between regular attendance and student achievement.

### **Fonterra Milk for Schools**

The Fonterra milk cartons, fridge and recycle bins have been received and we look forward to taking full advantage of consuming the free milk daily. Milk can be part of a healthy diet and will be consumed during class time.

### **Small Schools Cross Country**

Thank you for the pink slips indicating transport assistance. Please remember that those who have indicated their availability to provide transport can assume you will be required unless you hear from Mrs Dimond.

Available marshals will be directed before the briefing at 10.30am. On Wednesday 21 August students will be collected from school at 10.15am and taken to the course on Te Anga Road at the HTG Hut.

Bare feet are the best option for running. A change of clothes is advised as the race will go ahead as planned unless in extreme weather conditions. Children will need lunch, snack and a drink for the day and food is available to purchase.

Children will return to school following the final race if parents are not available to collect them from the course. End of school arrangements will follow as usual and the Year 3 & 4 miniball team will train as planned.

Any children interested in training on the competition cross country course are invited to meet at the HTG Hut at 9.30am on Saturday 17 August.

### **Community Assembly**

Our community assembly on Friday 23 August will begin at 1.30pm sharp. The focus for this assembly is public speaking. Please come along and enjoy listening to our students presentations.

### **Miniball**

Miniball/Basketball teams are beginning to prepare for the season.

Competition games start on the week of Monday 26 August. Teams will receive the draws as promptly as possible. Five teams are registered and Year groups play afterschool on the following days:

Year 1&2 and Year 3&4's Wednesday, Year 5&6's Thursday and the Year 7&8's on either Tuesday's or Friday's. We have requested the Year 7&8 games are played on Tuesday's in order for training sessions to remain on Friday's.

### **Teaching Position**

The vacancy for the third teacher closes next Friday. So far we have received good interest. The appointment committee including education consultant Bill Noble will meet after the closing date to continue the process of appointing.

### **Parent Meeting**

A parent hui will be held on Tuesday 3 September. Please put this date in your diaries and we look forward to seeing you there.

### **School Hangi**

As part of our curriculum plans we are planning a school wide focus on hangi. This date is planned for Friday 6 September.

### **From the Fundraising Group**

A huge thank you from the fundraising group for supporting the recent fundraising events such as selling Batons Up tickets, purchasing from the lunch options and helping with food stalls. Raising money for school means we can involve our children in extensive EOTC programmes and provide even more opportunities.